

## Bhagavan's assurance to devotees

Punar Vittam Punar Mithram  
 Punar Bhaarya Punar Yashaha,  
 Yavath Sarvam Punar Labhyam  
 Na Sareeram Punah Punah.

If man loses money, he can get it back;  
 If his friend leaves him, he can get another;  
 If he loses his wife, even then he can remarry  
 and have another wife;  
 If he loses his share of land, he can procure another.  
 He can regain all these things,  
 But he cannot get back the body once it is lost.

*Embodiments of Divine Love!* Therefore, we should consider that for all spiritual pursuits and for all types of endeavours in life, the body is the main instrument. Of all the living beings in this world, human life is the rarest, noblest, and most sacred. It is a great fortune to have this vesture of human body. However, in this human body there is mind, which is mysterious. Everyone is aware of the presence of the mind in the hu-

man body. But no one knows the vagaries of the mind. Though it does not have feet to move, it can travel faster than air and light. It has no death, has no fixed life span, and always remains youthful. You may be born again and again, but the same mind follows. Once you understand the nature of the mind, you will be able to understand your true Self.

The whole world is a mansion, and the entire humanity is one family. There is no multiplicity. We live under the same sky, tread the same earth, breathe the same air, and drink the same water. So, it is foolishness to develop diversity in this underlying principle of unity.

**Whatever work you do, do it with sacred feeling**

What is the *sadhana* (spiritual practice) to be undertaken? You should purify your body, mind, and speech. How to purify the body? It is not enough if it is cleaned with soap and water, which amounts to only external cleanliness. It has to be cleaned with good thoughts, good words, good deeds, which is very essential on the inward path. Whatever work you do, do it with sacred feelings. Divert the body from all unsacred activities, and use it only for good purposes.

In what way can you purify the mind? You can purify the mind through sense control. Use the ten senses for sacred purposes.

See no evil, see what is good.  
 Hear no evil, hear what is good.  
 Talk no evil, talk what is good.  
 Think no evil, think what is good.  
 Do no evil, do what is good.  
 This is the way to God.

In order to purify the senses, you should make use of them in a sacred way. Purity of the senses is purity of the mind. The

mind is the master of the senses. If the mind is to be pure, the senses have also to be pure.

How can you purify your speech? You can purify your speech by speaking truth, following *dharma* and cultivating love and peace.

**Atma, aham, mind, and speech belong to the same family**

The moment the human body is born, *Aham* (I) also follows it. The *Atma* is the origin of *Aham*; so, *Aham* is the son of the *Atma*. From *Aham* the mind is born; so, the mind is the grandson of the *Atma*. And from mind speech originates, so speech is the great-grandson of the *Atma*. In short, the *Atma*, *Aham*, mind, and speech belong to the same family. So, you should have the conviction that the “I” principle in you is the dear son of God, the mind is the grandson of and the speech is the great grandson. Once you understand that your *Aham*, mind, and speech belong to the divine family and act accordingly, your life will be sanctified.

Man finds it very difficult to have control over the senses. Due to the effect of modern education and high intelligence, man has become a slave of his senses. Unable to control his mind, man is leading a life of fear and delusion. From where does this fear arise? Where there is mistake, there is fear.

What is the mistake made by man? He has forgotten that the 'I' principle in him is the son of God. He has forgotten that his mind is the grandson of God. And he has forgotten that his speech is the great-grandson of God. Since he has forgotten his relationship with God, man is fear-stricken and gripped in anxiety.

Due to the advancement in the field of science and technology, human values are lost and the mind has become polluted. On the one hand, science has progressed, but on the other hand, the sanctity of the senses has regressed. Man is

happy seeing advancement in science and technology but has not realised how far he has moved away from Divinity.

**“You should understand My ideal”**

Man’s life has become highly artificial. There is no trace of love in his thoughts and in his relationship with others. Even the relationship between mother and son has become artificial. Nowadays, when one finds a son talking to his mother, one finds only artificial exchange of words, but not true love.

Students are leading an artificial life, without sense control. Even animals have sense control to some extent, but not the modern students. This is due to the progress in modern education. I do not say that education should not make progress. I Myself have established a University. I say only that along with education, students should imbibe human values and develop good character.

Can you call mere bookish knowledge education? Can you call all those who can read and write educated? Can you call all those who have degrees to their names educated? If education were to be only for a living, do you not find birds and beasts living?

Education is for life and not for earning a living. The objective of human life can be realised when you try to know the purpose of life. You should not be content with bookish knowledge and superficial knowledge; you should have practical knowledge. To have practical knowledge, enquire within.

You should understand My ideal. Once I say that you are Mine, I will never forsake you. You may forget Me, but I will never forget you. You may develop hatred toward Me, but I do not have any hatred toward you. In this world, I have no enemies, and I have no dislike toward anybody. I always uphold My promise. I always go forward to protect; never do I retract.

But, some may question that even after Swami accepts them as His, why do they have problems? Why should they

suffer? This is not My mistake. I always keep My promise. They suffer because they forget their promise and lose their sacredness. I never go back on My word. I never make anyone suffer. Till the last moment, I will be with you, in you, below you, above you, and around you.

Many are not making an effort to understand this truth. They do not enquire into the reason for their suffering. Their wavering mind and their ingratitude are responsible for this.

The previous speaker, Ravi, said, God is nearer to you than your mother. Though I shower much more love than their own mothers, some people do not show their gratitude. I do not look forward to your gratitude. But, when I do My duty, you also have to discharge your duty at your level.

### **God will never make anyone suffer**

Some people blame God for their suffering, ignoring their own defects. They argue that God does not keep His word. But God will never go back on His promise. Man does not understand this truth. Being fully immersed in physical and worldly feelings, he blames God for his suffering. God will never make anyone suffer at any point of time. But each has to face the consequences of their own actions.

Every action has a reaction. It may take place immediately or in a few hours or in a few days or in a few months or in a few years or in a few births. For example, when your finger is cut with a blade, it starts bleeding immediately. If you fall from a staircase, you may suffer a fracture immediately. In both the cases, the reactions are instant. The food that you eat takes a minimum of two hours to get digested. For a seed to grow into a tree and yield fruit, it may take a few years.

Good or bad, you cannot escape the consequences of your actions. Then you may question, why should one pray to God? One should pray to God not for the alleviation of suffering, but

for peace of mind. Once you have peace of mind, all your problems will vanish.

You can even escape the consequences of your actions if you have God's grace. After the expiration date, the medicine loses its potency; similarly, once you acquire God's grace, the consequences of your actions will have no effect on you. In order to make the consequences of your actions 'expire,' prayer is essential. You have to pray wholeheartedly.

Your heart is the seat of God. So, think of God, who is installed in your heart. You cannot expect happiness in the outside world. Bliss is not in the material world; it is within you. So, when you search within, you will find bliss.

### **Take God into you and drive out ego**

#### *Embodiments of Love!*

Never blame God for your difficulties. Come what may, pray to Him. That is your duty. As long as you have the feeling that you are separate from God, you have to pray. Once you realise that you are one with Him, you need not pray.

Your breathing process teaches you a lesson. When you inhale you make the sound *So*, and when you exhale you make the sound *Ham*. This process goes on 21,600 times a day. *So* refers to Divinity and *Ham* to ego, which means you have to take God in and drive ego out. This is an important principle of life.

We have to understand what we should receive and what we should reject. We breathe in oxygen and breathe out carbon dioxide. Divinity is like oxygen, which supports our life, and ego is like carbon dioxide, which is a very bad quality. It has to be driven out..

In your daily life, knowingly or unknowingly, you commit some mistakes. You are only keeping the physical body clean, but you are not making any effort to know how to purify your

mind and speech. You are treating bad as good and good as bad. We should make efforts to know what is good and what is bad.

All service rendered to others for the welfare of society is good. You are a member of society. So, your welfare depends on the welfare of society. The country will prosper if society is good. Individual prayer, family prayer, and community prayer—all the three are very essential.

### **Your love should be as big as an ocean**

The *Vedas* have declared, “*Loka samastha sukhino bhavantu* (May the whole world be happy)!” Since ancient times, Bharat has propagated spiritual discipline to other countries, ensuring peace and security for the entire humanity. You should have such broad feelings. Your love should be as vast as an ocean.

When Jesus was being crucified, people around were weeping. At that moment, an ethereal voice declared, “All are one, My dear son! Be alike to everyone.” The same thing is taught by the culture of Bharat wishing the welfare of entire humanity. Unfortunately, with the passage of time, selfishness and self-interest have become rampant.

According to *Bharatiya* (Indian) culture, *Uttarayana* is considered to be very sacred. The great warrior Bhishma, lying on a bed of arrows, waited for 56 days for the advent of *Uttarayana* to give up his mortal coil. During *Uttarayana*, the sun travels toward the north. What does this signify? In the north, we have *Himachala* (Himalaya mountains), which are said to be the dwelling place of Eswara. When Eswara is all-pervasive, how can we limit him to Himachala? What is the significance of this statement?

The word *Himachala* is made up of two words: *Hima* + *Achala*. *Hima* means snow, which is white and pure. *Achala* is that which is firm and unshakeable. What is the place to

which this description applies? It is the pure heart, where Esvara is installed.

It is said, "*Eswara sarva bhoothanam* (Esvara is the indweller of all beings)." So, in order to see God, you do not need to go anywhere; just turn your vision inward. We cannot call an unsteady and impure heart as *Himachala*. Only the heart that is pure, peaceful, sacred, unpolluted, and unwavering can be called *Himachala*. So, when you turn inward, you are in Himachala.

### **Parents must teach their wards to pray to God every day**

There is no trace of spiritual thinking among modern students. When the parents and teachers themselves have not realised the importance of spirituality, how can we blame the students? First the parents must teach their wards to pray to God everyday. But modern parents themselves do not pray to God. As soon as they return from the office, they go to the club and spend their time in drinking and playing cards. Naturally, children follow in their footsteps.

In some houses, parents quarrel in front of their children, which is an unhealthy practice. If there is any difference of opinion between parents, they should resolve it in the absence of their children. Children cannot concentrate on their studies if they are disturbed by family problems. So, parents should never discuss them in front of their children. They should instead teach them all good things and show them good ways of life. There are a few parents who set a bad example to their children by speaking untruth. For example, if some unwanted person makes a phone call, they instruct their children to tell him that they are not available. Thus, they teach their children how to tell lies.

Some children are like pure gold as long as they are here. But, when they go home for vacation, their minds get polluted. But some students remain the same. Some return much before



their vacation ends in order to spend time with Swami. Their innate tendencies acquired as a result of deeds done in past lives shape their behaviour.

### **Only God is permanent**

*Students! Embodiments of Love!* You should try to know what Divinity is. In this age of science, some say that there is no God. But there is God in all periods of time. There is no other matter. “*Yath drishyam tannashyam* (Whatever is seen is bound to perish.)” Only God is permanent.

Time is most precious in human life. Misuse of time is evil. Time is God, so don't waste time. I feel very sad when I find you wasting time. I always say, “My life is My message.” I never waste even a moment. You think that after supper Swami goes and sleeps. But, actually I do not know what sleep is. I never sleep. As you know, I collect letters from you. I see some of them immediately. I spend time in a most sacred way.

But I do not require anything. I do not need anything in all the three worlds. I do not need anything for Myself. Still, I am engaged in activity from dawn to dusk in order to set an ideal. From top to toe, there is no trace of selfishness in Me. Believe it or not, I always give but never receive. I ask for only one thing, and that is pure love. I am ready to give My life for those who offer their pure love.

You cannot understand My work. Only men of sacrifice can understand this. I am always engaged in activity. I do something or the other. Even while resting I am working. I have to take rest for others' sake. Otherwise, they too would not take rest. To give them rest, I take rest. What is My rest? Doing devotees' work is My rest.

The previous speaker, Narasimhamurthy, spoke about this incident. On day, all of a sudden, I left this body. Gangadhar Shetty and Narasimhamurthy were surprised at this. Only these two were there inside since it was not possible for others to

come in. I told them that there was a widow who always thought of Swami. She had two children. After the death of her husband, she took up a small job to maintain her family. The loss of her husband and her inability to run the family made her depressed. Since the money was not sufficient, she took a part-time job. But every moment she used to chant *Sairam, Sairam, Sairam ...* wholeheartedly. In such a situation, she suffered a heart attack. In fact, she was to die.

So, I took the heart attack on Myself. For seven days, I did not come down. I took upon Myself all her suffering and pain and made her healthy. After three days, she sent a telegram, "Swami, You came and protected me and my children." She did not know that I had taken her disease on Myself. After a week, she came here with her children.

### **Do not limit spirituality to Bharat**

I am ready to do anything for the sake of those who have total faith and pure love. But it is very difficult to find such devotees. However, there are a few of them. If there are no noble people, how is that you find goodness in this world? There are many sacred people in this country as well as in this world.

Do not limit spirituality to Bharat; it is present all over the world. Truly speaking, it is more in foreign countries than in Bharat. Indians do not know much about the *Brahma Sutras*, the *Upanishads*, and the *Bhagavad Gita*. But, many foreigners have learnt the *Bhagavad Gita* by heart.

In Italy, there is a devotee who has learnt the *Brahma Sutras* by heart. She can chant *Rudram*. In Italy, she constructed a building named 'Mother Sai,' spread over 25 acres of land. Having full faith that one day Swami would certainly visit that place, she also built a spacious hall like the Poornachandra Auditorium, so that public meetings could be held there. She

has also constructed some rooms to accommodate the students that follow Swami.

Do you know how clearly and with perfect accent our primary school children from foreign countries chant the *Vedas*? This is the result of being in good company. If the company is good, the children's future will also be good. Tell me your company, I shall tell you what you are. As your company, so you become. So, wherever you go, join good company.

Let your heart and mind be purified. Speak always the truth in a palatable and acceptable way. This is the spiritual path that you have to adopt. People may wonder why one should do meditation and *bhajans*. They are all good actions meant to spend the time in a sacred way, but God is not interested in them.

What should you do to make God happy? You should involve your body in good deeds, fill the mind with good thoughts, and speak sweetly and softly. Only these actions please God. *Bharatiyas* (Indians) refer to this as "*Trikaranashuddhi* (purity of thought, word, and deeds)." With sacred feelings, students should undertake sacred actions and lead an ideal life. This is what I teach the students in particular.

### **Fill your hearts with Divinity**

The students who study here should transform thousands of students outside. It is not enough if you merely preach; first, practice what you preach. Only then will your study in this Institute find fulfillment.

We do not receive even a naya paisa from you. Education is offered free. How can you express your gratitude to this Institute? Share with others all that you have learnt here. This is true gratitude. Do your jobs, and take care of your parents. Fill your hearts with Divinity.

When there is pure water in the tank, you get the same water out of the taps. Your heart is like a tank. All the senses

are like taps. So, fill your heart with love and experience love. I expect and bless the students to take to this path of love and to lead an ideal life. Thus, I bring My discourse to a close.

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*No water will come in the tap if the pipe is not connected with the regular supply system. Have you connected your act of service with the reservoir of love in your heart? Are you doing it with good consciousness, or is it merely a superficial ceremonial routine act for pride and publicity? Diagnose and rectify. No worship can succeed unless the heart is pure and the senses are mastered.*

—Baba